



## Oakland Strengthlifting Meet Results

### Sunday, 13 April 2014

First Name	Last Name	Gender	Body Weight		Weight Class	Division	Wilks Coeff	Squat			Press			Deadlift			Total		Wilks Points	Rank		
			lb	kg				1	2	3	1	2	3	1	2	3	lb	kg		Weight Class	Division	Overall
Pooja	Dang	Female	116.0	52.6	56	Light	1.24	150	155	160	65	70	-72.5	175	185	195	425	192.8	238.1	1	5	12
Jo	Aita	Female	131.4	59.6	60	Light	1.12	275	-280	0	100	105	110	275	300	325	710	322.1	360.9	1	1	2
Ksenia	Coffman	Female	131.2	59.5	60	Light	1.12	152.5	165	170	65	70	72.5	185	190	195	437.5	198.4	222.7	2	6	14
Mary	Peck	Female	143.2	65.0	67.5	Light	1.05	265	275	-285	120	-127.5	-127.5	285	295	305	700	317.5	333.3	1	2	3
Gwendolyn	Brookes	Female	145.0	65.8	67.5	Light	1.04	-185	190	-200	80	90	95	265	285	295	580	263.1	273.6	2	3	6
Sarah	Wellberg	Female	141.8	64.3	67.5	Light	1.06	205	220	-227.5	70	75	-80	225	245	-255	540	244.9	259.0	3	4	9
Kristy	Hawkins	Female	163.4	74.1	75	Heavy	0.96	335	345	-355	150	155	160	375	390	400	905	410.5	393.2	1	1	1
Leah	Lutz	Female	161.8	73.4	75	Heavy	0.96	275	290	-305	87.5	92.5	97.5	285	300	-310	687.5	311.8	300.6	2	2	4
Kelly	Rafferty	Female	152.8	69.3	75	Heavy	1.00	185	192.5	-200	75	-80	80	220	235	250	522.5	237.0	237.4	3	8	13
Kimberly	Latham	Female	149.0	67.6	75	Heavy	1.02	205	215	-225	85	-87.5	-87.5	207.5	212.5	217.5	517.5	234.7	239.4	4	7	11
Jennifer	Lynch	Female	150.2	68.1	75	Heavy	1.01	155	-170	170	70	75	-80	185	200	210	455	206.4	209.2	5	9	15
Lisa	Sebasco	Female	153.6	69.7	75	Heavy	1.00	125	-140	145	67.5	72.5	-77.5	190	200	210	427.5	193.9	193.5	6	10	16
Sarah	Archenbronn	Female	174.8	79.3	82.5	Heavy	0.92	230	240	250	112.5	117.5	-120	300	315	-320	682.5	309.6	284.7	1	3	5
Jennifer	Deering	Female	196.8	89.3	90	Heavy	0.87	225	245	255	90	-95	-95	310	325	345	690	313.0	271.4	1	5	8
Ashley	Nelson-Hornstein	Female	185.4	84.1	90	Heavy	0.89	215	230	240	90	100	112.5	245	260	275	627.5	284.6	253.7	2	6	10
Rebecca	Requejo	Female	216.4	98.2	90+	Heavy	0.84	250	260	275	105	115	120	315	325	-345	720	326.6	273.4	1	4	7
Matthew	Swogger	Male	162.2	73.6	75	Light	0.72	260	267.5	275	130	135	140	315	325	335	750	340.2	245.7	1	7	11
Noe	Lopez	Male	179.2	81.3	82.5	Light	0.68	315	340	350	135	-155	-155	340	375	395	880	399.2	269.8	1	5	8
A.J.	Griffeth	Male	176.2	79.9	82.5	Light	0.68	305	330	-350	135	-145	150	355	-375	-375	835	378.7	258.7	2	6	9
Jeremy	Tsang	Male	192.6	87.4	90	Light	0.65	390	410	-430	145	150	155	375	395	405	970	440.0	285.3	1	4	6
Greg	Harper	Male	188.0	85.3	90	Light	0.66	270	295	-302.5	95	102.5	107.5	335	365	-382.5	767.5	348.1	228.8	2	8	13
John	Pearson	Male	188.6	85.6	90	Light	0.66	285	310	325	0	0	0	0	0	0	0	0	0	3	9	14
Sean	Stangl	Male	199.0	90.3	100	Light	0.64	-495	525	545	185	200	-215	475	505	545	1,290	585.1	373.0	1	1	1
David	White	Male	217.0	98.4	100	Light	0.61	465	-500	-500	190	-200	-205	440	455	475	1,130	512.6	314.0	2	2	3
Chad	Hydro	Male	200.2	90.8	100	Light	0.64	-405	405	415	145	155	170	405	435	465	1,050	476.3	302.7	3	3	4
John	Hans	Male	230.4	104.5	110	Heavy	0.60	330	350	-360	190	200	-220	430	450	470	1,020	462.7	276.9	1	3	7
Brian	Haller	Male	220.6	100.1	110	Heavy	0.61	295	320	-330	145	155	160	390	400	417.5	897.5	407.1	247.7	2	4	10
Jeff	Nissen	Male	223.8	101.5	110	Heavy	0.61	295	325	-350	125	135	-155	325	360	397.5	857.5	389.0	235.3	3	5	12
Max	Aita	Male	243.2	110.3	125	Heavy	0.59	500	550	600	185	225	0	500	550	0	1,375	623.7	366.7	1	1	2
Dan	Hyman	Male	245.4	111.3	125	Heavy	0.59	425	455	475	190	200	210	450	-500	-500	1,135	514.8	301.9	2	2	5